



Selina's Studio

DANCE • SING • ACT

Summer Camps 2019

must be of age by time of camp

Week	Dates	Camp 1	Camp 2
1	July 8-12	Dance 5-7 yrs (ballet/jazz)	Musical Theatre 9-13 yrs (Mary Poppins)
2	July 15-19	Dance 4-5 yrs (ballet/jazz)	
3	July 22-26	Dance 8-11 yrs (contemporary/hip hop)	Musical Theatre 6-8 yrs
4	July 29-Aug 2	Dance 5-7 yrs (ballet/jazz)	Dance 8-11 yrs (acro/jazz)
5	Aug 12-16	Competitive Intensive (competitive dancers only)	
6	Aug 19-23	Dance 5-7yrs (hip hop/jazz)	Musical Theatre 8-11 yrs
7	Aug 26-30	Dance 4-5yrs (hip hop/jazz)	Dance 6-8 yrs (acro/jazz)

Price: \$265.50 + HST for the week (cash or cheque only please)

*Two Week Camp \$ 491.50 + HST (Musical Theatre July 8-19)

Optional before care \$30/week. Optional after care \$30/week.

Hours: 9am-4pm

Before care starts at 8am. After care goes until 5:30pm.

What campers should bring:

- Nut free lunch and two snacks (campers do not have access to a fridge or microwave)
- Water bottle, Sunscreen, Hat
- Running Shoes or sandals with backs to wear to the park (no flip flops)
- Bathing suit and towel (the park has a splash pad)

Attire:

Musical Theatre

- Socks, bare feet or indoor non-marking shoes
- Comfortable clothes can move easily in, no jeans or jewelry

Hip Hop

- Indoor non-marking running shoes
- Comfortable clothes can move easily in, no jeans or jewelry

Jazz

- Jazz shoes
- Form fitting clothes such as leggings, shorts and a shirt or body suit
- Hair in a pony tail, no jewelry

Ballet/Jazz

- Ballet leotard and ballet tights
- Ballet shoes and/or jazz shoes
- Hair in a pony tail or bun, no jewelry

Acro/Jazz

- Form fitting clothes such as leggings, shorts and a shirt or body suit (no loose clothes)
- Jazz shoes for jazz and bare feet for acro
- Indoor only non-marking running shoes and socks
- Hair in a pony tail, no jewelry

Contemporary

- Form fitting clothes such as leggings, shorts and a shirt or body suit
- Bare feet or dance paws
- Hair in a pony tail, no jewelry

Typical day schedule

9:00-10:15am	warm up / instruction
10:15-10:30am	morning snack
10:30-11:30am	instruction
11:30-12:00pm	craft or quiet activity
12:00-1:00pm	Lunch
1:00-2:15pm	instruction
2:15-2:30pm	afternoon snack
2:30-4:00pm	Instruction / games

Note: We will be taking campers outside to a nearby park for lunch, weather permitting. Supervision will be by our regular head instructors.

Camp Descriptions:

Dance

Campers will learn different styles of dance such as jazz, hip hop, acro, contemporary and/or ballet (depending on the styles listed for the week of camp). The day will include a combination of instructed dance classes, dance games, activities and crafts. Students will prepare a few dances to showcase at the Friday open house for parents.

*Acro (new to camp this year) is an artistic style of dance, combining rhythmical, jazz-like movement with gymnastics/acrobatics.

Musical Theatre

Musical Theatre camps combine training in singing, dancing and acting. The focus is on learning to work as an ensemble through choral singing, scene work and dance choreography. Students will acquire knowledge about vocal health as well as rudiments of acting on a stage. These camps help build confidence and teamwork skills. Students will work towards a final production for family and friends at the Friday open house.